

Border Eagle

Laughlin Air Force Base, Texas ... Together we 'XL'



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the inside
Scoop

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Air Power
Quote of the Week

"To those who love aviation, the sky is home."

—Anon



Photo by Airman 1st Class Brad Pettit

Down in the weeds

Senior Airman Eric Perez, 47th Security Forces Squadron desk sergeant, and his son, Jacob Perez, 3, dig up weeds in their yard Wednesday. Perez and his wife, Samantha, are the enlisted housing Yard of the Month winners for May. The winners for the mobile home park are Capt. Charles Simmons and his wife, Leanne. The winners for the officer housing area are Capt. Jasiri and Nadasha Kennedy. Members of the 47th Civil Engineer Squadron note well-maintained yards in housing during monthly inspections. Those yards are reported to Col. John M. Betts, 47th Support Group commander, who then determines the winners.

Laughlin celebrates Armed Forces Day

By Airman 1st Class
Brad Pettit
Editor

Laughlin people will have a chance to show the local community what the Air Force is about Saturday during the Armed Forces Day 2001 celebration at the Plaza Del Sol Mall in Del Rio.

The celebration, scheduled from 11 a.m. to 4 p.m., will include several display booths from Laughlin organizations, mock cockpits, an enlistment cer-

emony, a military fashion show, military working dog and Junior ROTC drill team demonstrations.

The beginning of Armed Forces Day traces back to President Harry Truman who established the day in 1950 to celebrate the unification of all military forces under a single department and to pay tribute to the servants and protectors of America.

Along with Laughlin, Army, Marines and Navy representatives will have displays set up as well.

"Armed Forces Day is about what

we in the United States Air Force, Army, Navy and Marines do together as a team," said Master Sgt. Timothy Griffin, master of ceremonies for the celebration. "The different branches are parts of the team, each completing its own mission to contribute to the strength of our nation."

Laughlin is the largest military organization in the area and will be the most visible military representative at

See 'AFD,' page 4

Commanders' Corner

By Lt. Col. Martin Kelly
47th Flying Training Wing Plans chief

Readiness: Preparation is invaluable

Being ready to respond to any emergency situation is a must.

Pilots, doctors, security forces, fire fighters and student pilots all train for emergencies that may occur on a daily basis. They do this to stay proficient in their specialties.

Knowledge is a perishable commodity. If you don't use it, you may lose your edge in doing your job and responding in a timely manner. Most people remember how to complete a task that is done often, but when they run into a situation that occurs only

once in a while, they probably have to refer to written guidance to find the proper way of completing the task. The same is true for preparing for and going through our monthly exercises – it must be done.

First of all, what do we imply when we talk about readiness? It has to do with three primary areas including threats, catastrophes and force mobilization. Those three areas can confront us separately or combined. All three areas relate to something we must prepare for, but hope will never happen. For ex-

ample, those THREATCON/INFOCON exercises may be irritating and time consuming. And do we think radicals in the Middle East would really target our little base in west Texas? Probably not. But what about some of those west Texas radical militias that seem to crop up with some very strong negative attitudes toward our government? The possibility that we could be targeted by one of those groups is very real, and we must be prepared to contend with that threat. If we study the threat and practice the protection of

our resources and our families, we are in a much better position to deal with such a threat should it materialize.

Catastrophes are something none of us like to think about, but all of us know occur. I'm talking about unfortunate occurrences such as plane crashes, chemical spills and natural disasters. The recent light-aircraft crash in Brackettville reminds us all too clearly that these things can and do happen. The better prepared we are to contend with these situations,

See 'Readiness,' page 3

Top Three Talk



By Master Sgt. William Arnold
47th Medical Operations Squadron NCOIC

Air Force careers offer excitement to people

At the ripe old age of 25, I wanted some excitement in my life. Someone told me the Air Force offered just that. He was an old, retired technical sergeant who had come up through the ranks and even did sometime in "Nam." His story motivated me so much I decided to join.

My relationship with the Air Force started out smoothly. A recruiter told me the whole Air Force story and even allowed me to talk with new recruits fresh out of basic training. I left home on my new adventure truly excited and looking forward to saving the world from the communist invasion I grew up hearing about.

I started my career as an air traffic controller. The Air Force sent me packing to K.I. Sawyer AFB, Mich., the reported coldest place in the na-

tion. I am from Florida, so I could not identify the white stuff always falling from the sky. After toiling a few years in the snow, I was granted my wish to become a medic. So, it was off to Sheppard AFB to retrain.

As I look back, I like to think my military career started with my second enlistment. I remember taking the oath and the excitement of family and friends wishing me success on my decision. Like many before me, I had to weigh the pros and cons of military life versus returning to the civilian world. I remember visiting with the career adviser and discussing what to do, searching the job listings in the paper at home, and entertaining the thoughts of going back to college. After comparing the best of both worlds, I decided the Air Force was the way to go. I am still happy with

that decision several enlistments later.

Over the years that followed that decision to stay, I was able to achieve so much more than I ever thought possible. The responsibility for the security of a nation and promoting world freedom is something you will not find on just any resumé out there.

To those who are at that point of making the choice to stay or go, I recommend you weigh your choices carefully. If you have reached that point in your job where you feel you cannot go forward, look at special-duty assignments. There are many opportunities, including recruiter, PME instructor and career field instructor jobs.

In case you are wondering if I found the excitement I was seeking, the answer is a resounding yes!

Col. Jack Egginton
Commander
1st Lt. Dawnita Parkinson
Public affairs chief
Airman 1st Class Brad Pettit
Editor

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Deadlines, Advertising

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Submissions should be submitted to the Del Rio News-Herald, 2205 Bedell, Del Rio, TX, 774-4611. Advertising should be submitted by 4 p.m. each Friday.

Submissions can be e-mailed to: bradley.pettit@laughlin.af.mil or reginal.woodruff@laughlin.af.mil

"Excellence – not our goal, but our standard."

– 47 FTW motto

'Readiness,' from page 2

the better our chances are at protecting resources and, more importantly, saving lives.

The best way to prepare for contingencies is to practice them, and evaluate our practice. The wing Exercise Evaluation Team (EET) evaluates how well we execute our base's plans. This evaluation shows us how well the plan is written or exposes weak areas that need to be improved. As we exercise, we become well-prepared in the event we must execute our skills in an actual crisis.

Mobility exercises – now there's a real pain. That's where we play like we're going to war, process through line after line, then load pallets with all kinds of needed equipment, withdraw munitions and weapons and professional kits that will get loaded on a flat bed. However time consuming and inconvenient, all this practice is worth it.

For every one of our wing personnel on the mobility roster, it is imperative each one knows what to do in the event he or she is called on to "go to war." Chemical weapons are a real threat in today's unstable world. We must know that anyone from Laughlin who might be sent to conduct these duties is prepared to protect him or herself and others from these threats.

And down to the last group of people. The ones who never know when they are going to be called on to respond. If you see a mannequin lying on the ground with a wire across it, what would you do? You tell me which group you would want to respond to an emergency in your building.

Group A sees the mannequin and asks a member of the EET standing nearby, "What is that?" The answer from the EET member is, "Do what you think is right." Group A walks to an evacuation area and leaves the mannequin lying on the ground.

Group B, responding to an electrical outage, sees the mannequin, finds where the power line goes and shuts off the power. The group re-

turns to the mannequin quickly, attempts CPR and has a third member call for emergency medical responders.

I would pick Group B every time. That group responded like it was the real thing and was ready to react if it was a true emergency.

Get involved with exercises. Be a participant, not a spectator. You will learn more by participating than you will ever learn by watching.

Most importantly, if all our readiness preparation were to somehow help save one life in a crisis, every second spent will have been worth it.

"The best way to prepare for contingencies is to practice them."

-Lt. Col. Martin Kelly
Wing Plans chief

Armed Forces Week recognizes military

By George W. Bush
President

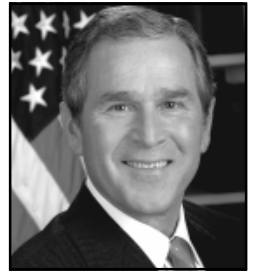
I am proud to offer my sincere thanks during Armed Forces Week to the brave men and women who protect our nation.

During the past several months, I have been privileged to witness personally the depth of your dedication and the strength of your character. The professional manner in which you conduct your duties, your can-do spirit, and your sense of patriotism all reflect the fact that our Armed Forces are second to none in the world.

In a world of both existing and emerging threats, you provide a strong and steady defense. Because of you, America is a secure nation where our citizens can hope, dream, and live their lives in freedom.

My office holds no greater honor than to serve as your Commander-in-Chief. On behalf of all Americans this Armed Forces Week, I salute you for the tremendous contributions you make to our nation's defense. You are guardians of peace and liberty and have the thanks of a grateful nation.

May God bless you all.



President Bush

Actionline

Call 298-5351

reply. It's also very useful in case more information is needed in order to pursue your inquiry. If you give your name, we will make every attempt to ensure confidentiality when appropriate.

If your question relates to the general interest of the people of Laughlin, the question and answer may also be printed in the Border Eagle. Before you call the Actionline, please try to work the problem out through the normal chain of command or directly with the base agency involved.

Thanks for your cooperation and I look forward to reading some quality ideas and suggestions.

This column is one way to work through problems that haven't been solved through normal channels. By leaving your name and phone number, you are assured of a timely personal



Col. Jack Egginton
47 FTW commander

AAFES	298-3176
Accounting and Finance	298-5204
Civil Engineer	298-5252
Civilian Personnel	298-5299
Commissary	298-5815
Dormitory manager	298-5213
Hospital	298-6311
Housing	298-5904
Inspector General	298-5638
Legal	298-5172
Military Personnel	298-5073
Public Affairs	298-5988
Security Forces	298-5900
Services	298-5810
Equal Opportunity	298-5400
FWA hotline	298-4170

Question: I am calling to find out when the street lights at the corner of McConnell and Vandenberg streets will be fixed. They have been out for at least six months now, and it is really dark to walk in this area at night. Also, the lights on the sidewalks between base housing and permanent-party housing have been out for the past year.

Answer: The street light you called about has been repaired. During an investigation into the reported outage, we found several

other lights out and have taken action to have those repaired as well. Several lights required extensive repairs, but parts have been ordered.

If you see a street light out in the future, call 47th Civil Engineer Squadron customer service at 298-5488/5489 or the Energy Monitor Control System at 298-5398.

Question: I am in Hangar 1. There are three rose bushes outside that are covered in buds and ready for blooming any day now, but the

Quality Assurance people for grounds keeping want to cut these down like they did last year.

Last year, they bloomed only once before they were cut back by QAE, when they should have bloomed at least three times. I'd like to keep these bushes intact. Thank you.

Answer: Thanks for taking interest in the appearance of the base. Mr. Eihusen, Lear Siegler, Inc., has volunteered to take over maintenance responsibility of those plants.

Teen wins commissary scholarship

Compiled from staff reports

One of the military community's premier benefits has become even more valuable to a Laughlin family member.

The winners for the Scholarship for Military Children have been announced, and among them is Andraya M. Young, daughter of Staff Sgt. Jimmy Varnadore, 85th Flying Training Squadron, and wife Adrean.

The scholarship program was initiated last fall at more than 289 commissaries worldwide to award scholarships to graduating high school seniors or college-enrolled students. Scholarships were open to qualified sons and daughters of U.S. military members to include active duty, retirees and Guard or Reserves. Requirements were a 3.0 grade point average, community and leadership activities, and an essay on "What Being a Military Dependent Means to Me."

"The response from students and sponsors was fantastic," said Maj. Gen. Robert J. Courter Jr, Defense Commissary Agency director. "Through the



generosity of our trading partners, additional scholarships [were] available for other high-quality applicants. As a result, a total of 391 scholarships are being awarded for the fall of 2001."

Roger Pastrano, the Laughlin Commissary director, said the community interest was high.

"We were pleased with the response of our customers to Scholarship for Military Children," Pastrano said. "There were many inquiries between Dec. 1, 2000, and the Feb. 14 deadline. The community was really enthusiastic about the program, as is our local scholarship sponsor, General Mills."

The Fisher House Foundation administers the scholarship program. Manufacturers and organizations that do business with the commissary system fund the scholarships, which are accepted by Fisher House. A professional scholarship management company screens the student applications and chooses recipients base on merit.

"We are so excited and proud of Andraya," her father said. "She works hard and is dedicated to her studies. It is wonderful that her commitment is being rewarded."

Young is a graduate of Del Rio High School and currently attends the University of Texas in San Antonio where she is majoring in history. The scholarship will be presented to Andraya at Plaza Del Sol Mall Saturday during Armed Forces Day activities.

Air Force names new chief of chaplains

WASHINGTON – Chap. (Brig. Gen.) Lorraine K. Potter has been named Air Force chief of chaplains. She replaces Chap. (Maj. Gen.) William J. Dendinger who retired May 1.

Potter, from Warwick, R.I., entered the Air Force in 1973 as a chaplain and has served at every level from wing to the Department of Defense.

As the chief of chaplains, she advises the Air Force chief of staff on all matters that pertain to the religious and moral welfare of Air Force people and is responsible for establishing an effective total chaplain program to meet the religious needs of all mem-

bers of the Air Force. She also leads the Air Force Chaplain Service, which is comprised of about 2,200 chaplains and enlisted support people from the active and air reserve components.

Potter said she looks forward to the challenge of leading the chaplain service as it continues to complete its mission of providing Air Force people and their families the opportunity to exercise their constitutional right to freedom of religion.

"We are here for any crisis in life," she said. "We serve as a visible reminder of the holy. We remind others that God walks with (you), and so do I."

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the event. Because of this, Master Sgt. Benny St. John, Armed Forces Day coordinator, said Laughlin people will have an excellent chance to share the 47th Flying Training Wing mission with the community.

"It's an opportunity for Laughlin members to show our downtown friends what we do in the Air Force," he said. "We want

the local community to be informed on what the Air Force does and, if we're lucky, generate some interest for some of them to join our high-speed Air Force."

Col. Jack Egginton, 47th FTW commander, will attend the celebration. Col. Egginton will enlist new recruits into the military, make opening remarks and help decide which display booths deserve one of three awards.

"Now, more than ever, is the time to celebrate the strides

we've made and how far we've come over the years," he said. "From the days of the Army Air Corps to today, we have worked together to become the strongest, most impressive Air Force on the globe. Laughlin is a significant part of this strength, and it's important that we share our rich military heritage with the community."

For more information on Armed Forces Day 2001, call Master Sgt. Benny St. John at 298-5441.

Newslines

Football signups held

The Jets tackle football team is currently holding early registration for the Amistad Pee Wee Football League.

For more information, call Tech. Sgt. Robert Van at 298-7971.

Personnel flight closes

The military personnel flight will provide limited service from Monday through June 1 because of computer upgrades. On June 4, the MPF will be closed from 7:30 to 11:30 a.m.

For more information, call Tech. Sgt. Sabina Wiener at 298-5277.

Ethnic open house set

An Asian Pacific American Heritage Open House will be held Tuesday at the Fiesta Community Center. Dances, entertainment and complimentary food will be offered.

For more information, call Master Sgt. Paul Tanaleon at 298-5216.

IA warriors can win

As part of Information Assurance Awareness Campaign 2001, Air Education and Training Command will hold a commandwide contest during June emphasizing user responsibilities. Randomly selected individuals from each AETC base will be contacted by members of the AETC Network Operations Security Center located at Randolph AFB each week during June. Each person will be asked five Information Assurance questions relating to user responsibilities. At the end of the month, the command will compile the scores and declare one base the winner. The four people who participated in the contest from the winning base will receive a government-procured Personal Digital Assistants for their use.

People who want study materials can contact their SATE managers for assistance. The contest rules and other information can be viewed on the AETC IA Web site at <https://www.aetcf.af.mil/sc>.

Hypertension class offered

A class on hypertension and cholesterol will be offered Thursday from 8 a.m. to noon in the 47th Medical Group clinic training room. Topics will include information about hypertension and cholesterol, complications if untreated, and what an individual can do through diet and exercise.

For more information, call the Health and Wellness Center at 298-6464. To sign up for the class, call the clinic appointment line at 298-6356.

Famous play headed for Del Rio

By Jim Teet

Public affairs

"Letters from the Front: WWII," a professional play based on actual letters during the war, will perform free at Paul Poag Theatre in Del Rio at 7 p.m. Wednesday.

The current production has been on the road worldwide since 1999. It is an update of the original production that began performing in 1991 based on personal correspondence during the Vietnam War. The free performance is sponsored by General Mills through a Defense Commissary Agency program to present the production to audiences at military installations throughout the world.

Since Laughlin does not have adequate facilities to support a professional stage production, the 47th Services Division has arranged to use Paul Poag Theatre. In addition, Services is

absorbing any costs in order to provide the free performance to everyone on a first-come, first-served basis.

Theatre doors will open at 6 p.m. for all military identification card holders. The general public will be admitted to the 700-seat auditorium at 6:30. The three-act performance lasts approximately 2 1/2 hours, including an intermission between acts.

"We pulled out all the stops to make this the most special edition of Letters from the Front yet," said producer Marsha Roberts. "We went to great lengths to ensure that every aspect of the show was authentic to the WWII era, including the set, props, costumes, hairstyles, music – every detail. We want to make our audiences feel as if they have stepped back to the spring of 1945. We're very proud of what we've accomplished."

During the three acts, the play moves Katharine Hartgrove, a re-

nowned writer whose son is fighting with the 5th Army in northern Italy and Johnny Chastain, a popular radio celebrity, through a series of conflicts that deeply connect the audience to the personal experiences related in the letters.

Show after show, and now in its 10th year, Letters From The Front consistently generates positive audience response. From 18 to 80 years of age, audience members describe it as "terrific," "unforgettable" and "extremely entertaining."

The play is suitable for middle-school children, according to production staff. However, younger children generally don't understand the themes and become restless during the play.

Complete background information on the production and staff, as well as photographs and WWII memorabilia and letters, may be viewed on the Internet at www.letters-from-the-front.com.

Free shuttle bus service provided

Laughlin will provide a free shuttle bus for base people who attend "Letters From The Front: WWII" at Paul Poag Theatre Wednesday.

The Air Force bus will depart from parking lots at these locations:

- Fiesta Center – 5:15 p.m.
- Enlisted dorms – 5:20 p.m.
- Club XL – 5:30 p.m.

Club XL is providing free, light refreshments from 5-5:30 p.m. for those waiting to board the bus at Club XL.

Following the performance, passengers will be returned to their pickup locations.



From the Blotter (April 3-23)



■ An individual alleged a co-worker scratched her car with a key while parked at the base exchange parking lot. Scratches to her vehicle were discovered as she came out to go home for the day. The matter is under investigation.

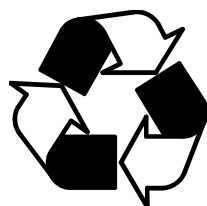
■ An individual reported someone had hit his friend's motorcycle in the parking lot of building 215. Security forces patrols responded and initiated an investigation. During the course of the investigation, it was revealed that the individual who reported the accident had backed into the motorcycle and was trying to cover up the accident.

■ The base exchange store detective contacted security forces on an alleged shoplifting case. As units arrived on scene, the individual was departing the area in his car. Patrolmen tried to stop the car, but the individual attempted to depart the base. He was apprehended and

detained. The investigation revealed he was on probation and entered the base by using a vehicle with a military sticker. He went to the base exchange and shoplifted more than \$500 worth of cologne. He was released to Val Verde sheriff's deputies.

Security forces tips of the week: In order to help combat terrorism, the following steps should be taken:

- Keep a low profile. Your dress, conduct and mannerisms should not attract attention.
- Be unpredictable. Vary the times you participate in routine activities. The more unpredictable you are, the harder of a target you become.
- Be alert. The most effective antiterrorism tool in the military inventory is alert people reporting suspicious activity and person to law enforcement.



Recycle...

Airman's drug curiosity lands her time in jail

By Karen Michael

Air University Public Affairs

MAXWELL AFB, Ala. — An airman's foray into drugs and the local club scene at Maxwell Air Force Base, Ala., earned her eight months of confinement at a military detention facility in California, bad-conduct discharge, reduction to airman basic and total forfeitures of pay and allowances.

The 20-year-old airman thought the drugs would be out of her system in three days. Because it was a weekend and she believed there was only a slim chance of having a drug test on Monday, she said she took cocaine, methamphetamine and ecstasy.

What the airman didn't know was, while she was club hopping, getting high and helping her friends get ecstasy pills during a "girls' night out," she was also observed distributing the drug. Two days later, the pills she purchased ended up in an evidence box at the Office of Special Investigation.

On March 15 her commander read her the charges — one count each for use of cocaine, methamphetamine and ecstasy and two counts of distribution of ecstasy.

She was unaware that she was suspected of using drugs

because someone else under investigation by OSI listed her name as someone who might have, said Capt. Stephen See, trial counsel for the Maxwell AFB legal office.

"You find someone who uses and they dime out a friend," See said. "Even if they don't test and find the drugs in you, if they test someone else, that person usually ends up copping out friends."

All OSI needs to make a case is a witness who can describe what the substance looked like and its effects, what they were told it was, and whether a typical price was paid for it.

The airman pleaded guilty to the charges.

During the sentencing argument, Capt. Tammie McKinney, legal office co-trial counsel, presented a series of reasons why drug abuse can't be tolerated.

"The case is a tragedy for the Air Force because she was a trusted member, and these are dangerous crimes," McKinney said. "This is not any old job. She was charged with protecting this country. We have to punish these crimes. They cannot be tolerated."

The judge sentenced the airman to eight months.

"Even after I was read my rights, I didn't realize how

much trouble I was in," said the airman. "It didn't hit me until [the sentencing hearing]," she said. "I knew I was going to go to confinement, but somewhere in my mind I thought, 'Maybe it just won't happen.'"

After sentencing, the airman was immediately taken into custody and escorted to the holding facility at Maxwell AFB. Two days after sentencing, the airman was sent to the Naval Consolidated Brig Miramar, a medium-security confinement facility in San Diego, Calif.

If she gives birth during confinement, her mother will have to fly to California from Indiana to pick the newborn up within 24 hours of the delivery or the baby will enter the state of California's foster care system.

Uncertain about her future after confinement, she knows it will be hard to find the job that she will need to provide for her son.

One thing she is certain of is that she does not want anyone else to make the same mistake she did.

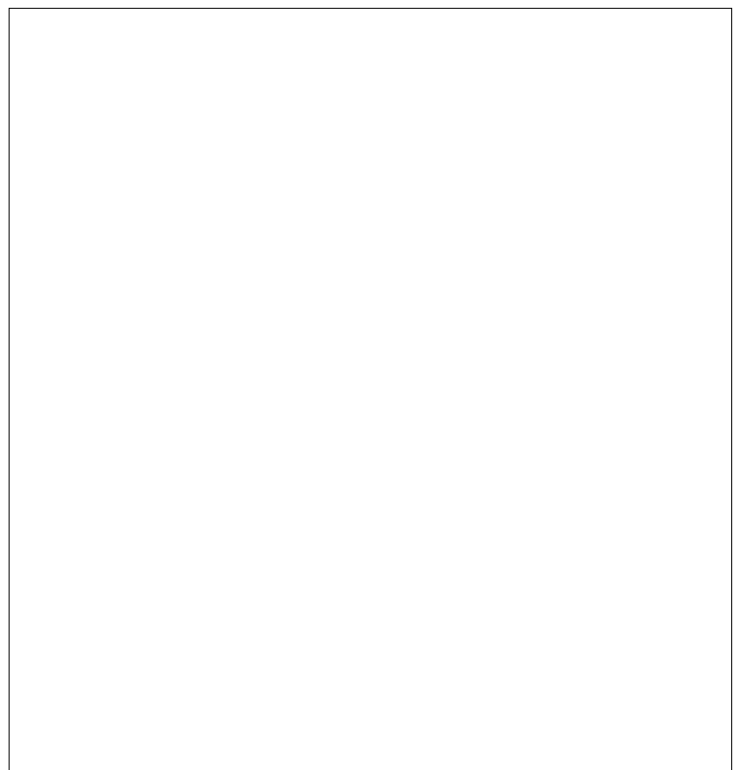
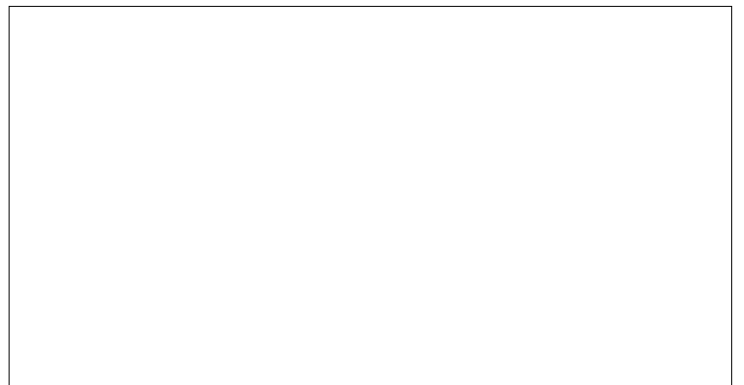
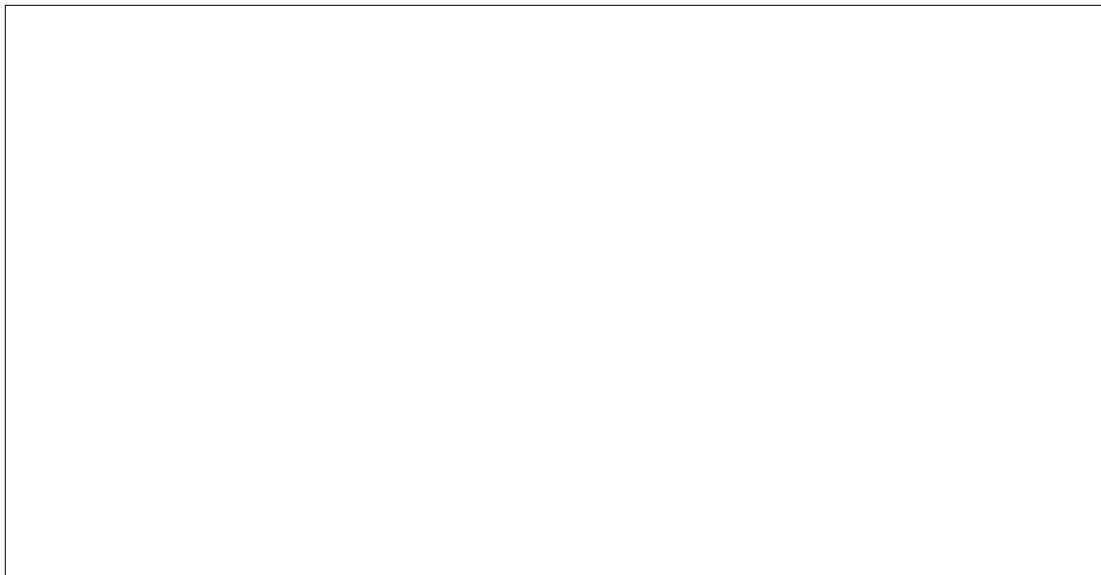
"Don't do it," she said. "Drugs may make you feel great for a while, but it's not worth it. If you get caught, you suffer the consequences."

(Courtesy of Air Force Print News)



Photo courtesy of U.S. Customs

The Department of Defense is winning a war on drugs, like Ecstasy (shown above), which started during the Vietnam War. Instances of military members' use of illegal drugs are at a 20-year low.



Mission complete – SUPT Class 01-09 graduates today

Student Undergraduate Pilot Training Class 01-09 graduates at 10 a.m. today in the Operations Training Complex auditorium.

The 52-week SUPT program prepares student pilots for the entire spectrum of Air Force aircraft and flying missions. After primary training, the future pilots are selected for advanced in-flight training

in a specialized track.

The tracks include tanker, bomber and cargo aircraft training in the T-1 aircraft; fighter training in the T-38; turbo propeller aircraft training in the Navy's T-44; and helicopter training in the Army's UH-1.

Graduates of Class 01-09 have been assigned to duty stations throughout the world.



Capt. Byron Rager
(Class leader)
KC-135, Eielson AFB, Alaska (ANG)



Capt. Jason Cockrum
(Assistant class leader)
F-16, Luke AFB, Ariz.



Capt. Jason Barry
KC-135, Grand Forks AFB, N.D.



2nd Lt. Shawn Barry
E-3, Tinker AFB, Okla.



2nd Lt. Christopher Freeman
F-16, Duluth, Minn. (ANG)



2nd Lt. Timothy Foster
C-17, Charleston AFB, S.C.



2nd Lt. Michael Genewick
A-10, Davis-Monthan AFB, Ariz.



2nd Lt. Glenn Gonzales
T-38, Laughlin



2nd Lt. Taunya Henriksen
A-10, Davis-Monthan, Ariz.



2nd Lt. Morgan Hurt
T-37, Laughlin



2nd Lt. Huy Huynh
C-21, Andrews AFB, Va.



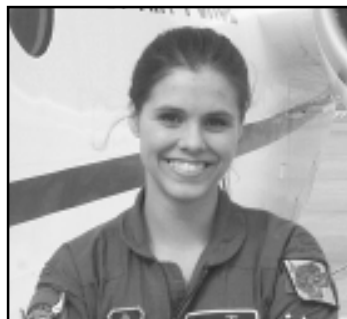
2nd Lt. David Kern
F-16, Luke AFB, Ariz.



2nd Lt. Gloria Jones
KC-135, Grissom ARB, Ind. (AFRES)



2nd Lt. Satoru Kurosawa
T-2, Japan



2nd Lt. Valerie Laird
KC-135, March ARB, Calif. (ANG)



2nd Lt. Jeremy Learned
KC-135, McConnell AFB, Kan.



2nd Lt. Brian Riggle
C-5, Dover AFB, Del.



2nd Lt. Brook Sweitzer
B-52, Barksdale AFB, La.



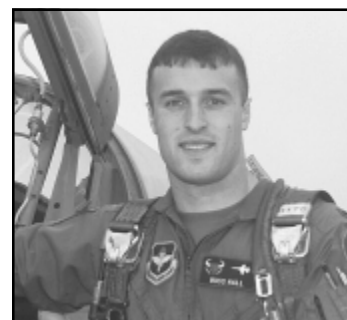
2nd Lt. David Thomkins
AC-130, Hurlbert Field, Fla.



2nd Lt. Billy Upshaw
KC-10, Travis AFB, Calif.



2nd Lt. Christopher Vecchiione
T-1, Laughlin



1st Lt. Russell Hall
F-15, Tyndall AFB, Fla.



1st Lt. Lars Johnsen
C-130, Pope AFB, S.C.

Where are they now?

Name: Capt. Joel S. Dickinson
Class/date of graduation from Laughlin: Class 96-01, October 1995
Aircraft you now fly and base you are stationed at: KC-10, McGuire AFB, N.J.
Mission of your current aircraft? Tanker/cargo
What do you like most about your current aircraft? It is a crew aircraft with lots of different mission types, including receiver air-refueling, tanker air-refueling and air-land cargo missions.
What do you dislike most about your current aircraft? Not a thing. It is a great aircraft with a great mission.
What was the most important thing you learned at Laughlin besides learning to fly? Every challenge can be overcome through preparation, perseverance and attitude.
What is your most memorable experience from Laughlin? My initial T-37 solo. I didn't think I was ready, but my instructor pilot did. It was a great confidence booster.
What advice would you give SUPT students at Laughlin? Maintain a sense of the big picture.



U.S. Air Force photo

Chapel Schedule

Catholic

Saturday

-Mass, 5 p.m.

Sunday

-Mass, 9:30 a.m.

-Confession by appointment

-Little Rock Scripture Study, 11 a.m. in Chapel Fellowship Hall

-CCD, 11 a.m., Religious Education Building

Thursday

-Choir, 6 p.m.

Muslim

Dr. Mostafa Salama, call 768-9200

Jewish

Max Stool, call 775-4519

Protestant

Sunday

-General worship, 11 a.m.

-Sunday school, 9:30 a.m. at the Religious Education Building

Monday

Student Wives' Fellowship, 7-9 p.m. Call 298-7365.

Wednesday

- Women's Bible Study, 12:30-2:15 p.m. at Chapel

-Choir, 7 p.m. at Chapel

For more information on chapel events and services, call 298-5111.

Fraud, Waste and Abuse

Preventing fraud, waste and abuse is everyone's job. If you know or suspect FWA, call the FWA hotline at 298-4170.



Photo by Senior Airman Lisa Lauck

Mother's Day celebration

Belinda Carlisle, Go-Go's lead singer, rocks the crowd at Incirlik Air Base, Turkey, Sunday, during a United Service Organizations/Armed Forces Entertainment-sponsored concert. The Go-Go's and syndicated radio personality Sean "Valentine" O'Keeffe from KIIS-FM (Los Angeles), traveled to Turkey to help Incirlik residents celebrate Mother's Day. More than 1,200 deployed and permanent party personnel enjoyed the free concert.

Question of the week

As we approach the 101 Critical Days of Summer, what extra precautions can you take to increase your safety?



Capt. Tony Holmes
47th Transportation
Division director

"Be sure to accomplish preventive maintenance on my vehicle prior to heading out on the highway."



Jesse Flores
Commissary meat
cutter

"Keep in mind when driving around residential areas that kids can be at play."



Master Sgt. Timothy Griffin
47th Communications
Squadron C-4 systems
project manager

"Make sure not to overextend myself physically when going on summer vacations."

Hey!

**Double your
intake.**

If you aren't looking at the United States Air Force Online News as an additional source of information, you aren't getting all of the news.

Check it out at:

**[http://www.af.mil/
newspaper](http://www.af.mil/newspaper)**

United States Air Force





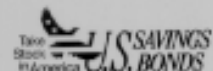
Photo by Tech. Sgt. Steve Elliott

Leap of faith

Staff Sgt. David Risnear, a combat controller and high-altitude, low-open jumpmaster with the Air Force Special Operations Detachment at Ahmed Al Jaber Air Base, Southwest Asia, jumps from the back of an MC-130E Combat Talon II. The HALO jump included people from the 332nd Expeditionary Security Forces Squadron, AFSOD, and others from Camp Doha, Kuwait.

Need A Gift Idea? Give U.S. Savings Bonds!

Bonds are the ideal gift for all occasions. Easy to buy, their value grows through the years and there is no problem with duplicates! Ask your bank for a gift certificate when you make your purchase.



The *XLer*



Senior Airman Jennifer Dill

47th Operations Support Squadron air traffic controller

Hometown: High Point, N.C.

Family: Son, Joey, 22 months

Time at Laughlin: 2 years, 10 months

Time in service: 3 years, 4 months

Greatest accomplish-

ment: Bringing a new life into the world

Name one way to improve life at Laughlin: Insert a mute button into the engine of all T-37s.

Hobbies: Walking and shopping

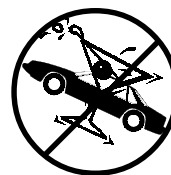
Bad habit: Talking too

loudly

Favorite beverage: Corona

Favorite food: Cookies, ice cream

If you could spend one hour with any person, whom would it be and why? Peyton Manning



**Don't drink
and drive.**

**You could lose your
life, your freedom, and
take someone
else's life in the
process.**



Colds symptoms are frustrating, but temporary

By Dr. (Capt.) Mark Vanderwel

47th Medical Group doctor

A cold is a viral infection that can cause fever, headache, tiredness, fussiness, stuffy or runny nose, sneezing, sore throat or cough. The drainage from the nose may be clear, yellow or green. Preschool children get six to 10 colds per year, lasting 10 to 14 days.

Children get colds from other people who have colds. Colds are not caused by cold air, getting wet, or by going outdoors without a coat or hat.

Unfortunately, there is no cure for a cold. Many parents and doctors will try various remedies. Antibiotics like Amoxicillin, Zithromax, and others are only used to treat bacterial infections and have absolutely no effect on a cold. Viruses, which are not killed by antibiotics, cause colds. Even more important, the inappropriate use of antibiotics to treat viruses leads to more resistant bacteria, which affects everyone in the community. Decongestants (like Sudafed) have no more benefits than a placebo (sugar pill) in children from the age of 6 months to 5 years. They may also result in side effects of abnormal heartbeat, high blood pressure and hyperactivity leading to sleeplessness (one of the only things that will help a cold go away). Cough suppressants (like Robitussin) have no more benefits than a placebo in children between 18 months and 12 years of age. Cough suppressants with codeine may cause an increased incidence of apnea (breathing cessation) in infants. In older children, cough suppressants may cause breathing problems. Antihistamines (like Benadryl) showed no benefit compared to placebo in children 6 months to 5 years of age in reducing runny nose, cough or congestion, but did make twice as many children sleepy. This makes antihistamines one of the only medicines with documented benefit in children – but it still doesn't do anything for the cold!

In infants, you can use saline drops – either purchased or homemade by adding a teaspoon of salt into 2 cups of warm water – to help clear the nose. Combine these with bulb suctioning of the nose for best effect.

Although the symptoms of most colds are usually mild or moderate, they can predispose to other conditions. The nasal congestion may clog up the Eustachian tube (which runs between the inner ear and the mouth) and may lead to an ear infection. Colds may trigger a wheezing episode in children who are predisposed to them. Lastly, if a cold lasts for longer than three weeks, it may have developed into a bacterial sinus infection.

There is no vaccine for the majority of viruses that cause colds, but there is a Flu shot. Check with the Military Treatment Facility yearly in October and November about its availability.

In summary, the fewer medicines you use to treat a cold, the better. The best prescription is patience.



**Drops become gallons.
Please replace leaky faucets.**

Dover team cleans up Civil War battlefields

By Airman Andrew Svoboda

436th Airlift Wing Public Affairs

GETTYSBURG, Pa. — In an effort to preserve the 6,000-acre Gettysburg National Military Park in Pennsylvania, 39 people from Dover Air Force Base, Del., provided field maintenance to two areas adopted by the base and overseen by the First Sergeant's Council.

In 1863, more than 51,000 Union and Confederate soldiers were killed, wounded, or captured during the Battle of Gettysburg, making it the bloodiest battle in the Civil War. It also marked a victory for the Union and a turning point in the war.

Although there is a maintenance staff at Gettysburg, help was needed because of the tremendous size of the park. The park staff came up with the Adopt-a-Position program, now in its fifth year. Nearly 4,000 people volunteer each year to clean up areas of the park, said Tina Cartwright, Gettysburg maintenance staff.

"Different organizations such as re-enactment groups, historical societies, the Boy Scouts, families, individuals, and college groups, as well as Army and Navy units, have adopted areas within the park," she said. "Dover AFB is the only Air Force unit currently participating in the program."

The park provides the tools necessary for volunteers to do any number of maintenance jobs, including clearing brush, repairing and painting fences, picking up litter and planting seedlings.

Senior Master Sgt. Dennis Bevenour, a Pennsylvania native and an active participant in Civil War re-enactments, went to the park beforehand to scope out sites for the base to adopt.

"I picked the high-water mark and Slaughter Pen because of their historical significance in the battle," he said. "It also allowed the base to sponsor a Union and Confederate position. Personally, I couldn't believe they were still available because the sites are so well known."

The Slaughter Pen is a low area between Big and Little Round Top and Devil's Den, which is filled with boulders and large rocks. During the Gettysburg Battle in 1863, the area was a bloody killing field for both Union and Confederate soldiers. Dover team members helped clear away overgrowth and dead limbs from the area.

The high-water mark is the area where Union forces held their ground and stopped the Confederate charge. The volunteers cleared away brush and briar that had practically buried a long stonewall separating two fields.

After the cleanup work was done, the group took a bus tour of the battlefields and the downtown Gettysburg area. Bevenour explained about historic points of interest and gave background information on different battles that took place in the area.

The base will be sponsoring the program for two years, Bevenour said. The next trip is scheduled for some time in the fall.

(Courtesy of Air Force Print News)



Photo by Staff Sgt. Reginal Woodruff

Bring 'em home

Senior Airman Jeff Haislett, 47th Operations Support Squadron, gets a third-inning hit against Lear Siegler Inc. during an intramural softball game Wednesday at Babe Ruth Field on base. The OSS won the game 11-1, boosting their record to 2-2.

Sports Wrap Volleyball

The charge toward the intramural volleyball playoffs is under way. With only two weeks left in the regular season, several teams dualed Monday at the XL Fitness Center to improve their positions in the standings.

87 FTS 2, Med Grp 1

The 87 FTS took the first game over Med Grp, 25-16, in a high-scoring match that pitted teams in the middle of the regular season standings. The Med Grp battled back to win the second game 25-18; however, they dropped the final game 15-9.

Com/Con/Svs 2, SFS 0

The Com/Con/Svs team defeated the SFS, 25-5 and 25-15, in consecutive games. The win secured Com/Con/Svs's third-spot in the standing and kept SFS winless this season.

OSS 2, LCSAM 0

The OSS rebounded from a tough loss to Med Grp in their last outing to down LCSAM, 25-15 and 25-11. The OSS is barely holding on to one of the final two playoff spots.

84/85 FTS 2, CE 0

The 84/85 FTS defeated CE 25-13 and 25-11. The 84/85 FTS improved its record to 7-1, losing only to the undefeated 86 FTS. The 84/85 FTS is a lock for the upcoming playoffs.

Intramural Standings

Softball

American League

Team	Won	Lost
87 FTS	3	0
LSI	1	1
OSS	1	2
86 FTS	0	2
84/85 FTS	0	2

National League

Team	Won	Lost
Med Grp	3	0
CES	2	1
LCSAM	2	1
Support	1	2
SFS	1	2
East Inc.	1	2

Volleyball

Team	Won	Lost
86FTS	6	0
84/85 FTS	7	1
Com/Svs/Cons	5	2
87 FTS	4	3
OSS	4	4
Med Grp 2	4	
CE	2	5
LCSAM	1	6
SFS	0	6

Golf

Team	Points won
OSS	12
SIMS OPS	11.5
CES	10.5
SFS	6
LSI 1	6
87FTS	4
MED GP	2
LCSAM	2
47 FTW	0
LSI 2	0

AF Marathon scheduled Sept. 22

Compiled from staff reports

Wright-Patterson Air Force Base will host the fifth U.S. Air Force Marathon Sept. 22. The event pits runners from all walks of life against one of the toughest and most scenic courses in the country.

Runners will receive Air Force medallions, T-shirts and patches. The entry fee for individual and wheelchair participants is \$35 if postmarked before July 1 and \$45 if postmarked between July 1 and Sept. 5. Marathon team fees

are \$175 before July 1 or \$225 between July 1 and Sept. 5. Relay team fees are \$120 before July 1 or \$160 between July 1 and Sept. 5. Entries postmarked after Sept. 5 will be returned unopened.

A two-day, fitness exposition will be held Sept. 20 and Sept. 21. A pre-race, pasta dinner will be Sept. 21.

For more information or to register for the marathon, visit <http://afmarathon.wpafb.af.mil> or call the marathon office at 1-800-467-1823.